

All Affiliated Units

School Games Federation of India

NATIONAL SCHOOL ATHLETICS EVENTS AND SPECIFICATION

BOYS U-19			GIRLS U-19		BOYS U-17		GIRLS U-17		B/G U-14	
Sr.	Event	Specific	Event	Specific	Event	Specific	Event	Specific	Event	Specific
1.	100m	-	100m	-	100m	-	100m	-	100m	
2.	200m	-	200m	-	200m	-	200m	-	200m	
3.	400m	-	400m	-	400m	-	400m	-	400m	
4.	800m	-	800m	-	800m	-	800m	-	600m	
5.	1500m	-	1500m	-	1500m	-	1500m	-	80m Hurdles	76.2 cm
6.	3000m	-	3000m	-	3000m	-	3000m	-	Long Jump	
7.	110m Hurdles	0.914m	100m Hurdles	0.762m	110m Hurdles	0.914m	100m Hurdles	0.762m	High Jump	
8.	400m Hurdles	0.838m	400m Hurdles	0.762m	400m Hurdles	0.838m	400m Hurdles	0.762m	Shot Put	4.000 kg Boys
9.	High Jump	-	High Jump	-	High Jump	-	High Jump	-	Shot Put	3.000 kg Girls
10.	Long Jump	-	Long Jump	-	Long Jump	-	Long Jump	-	Discuss Throw	1.000 kg
11.	Triple Jump	-	Triple Jump	-	Triple Jump	-	Triple Jump	-	4x100m Rly.	-
12.	Pole Vault	-	Pole Vault	-	Pole Vault	-	Pole Vault	-		
13.	Shot Put	5.000 kg	Shot Put	3.000 kg	Shot Put	5.000 kg	Shot Put	3.000 kg		
14.	Discus Throw	1.500 kg	Discuss Throw	1.000 kg	Discuss Throw	1.500 kg	Discuss Throw	1.000 kg		
15.	Hammer Throw	5.000 kg	Hammer Throw	3.000 kg	Hammer Throw	5.000 kg	Hammer Throw	3.000 kg		
16.	Javelin Throw	700 gram	Javelin Throw	500 gram	Javelin Throw	700 gram	Javelin Throw	500 gram		
17.	4x100m Rly.	-	4x100m Rly.	-	4x100m Rly.	-	4x100m Rly.	-		
18.	4x400m Rly.	-	4x400m Rly.	-	4x400m Rly.	-	4x400m Rly.	-		
19.	5000m Walk	-	3000m Walk	-	5000m Walk		3000m Walk			
20.	Cross Country	6.0 km	Cross Country	4.0 km						

